

U2U Programme Overview

Innovate and Inspire have a wealth of experience of working with young people and adults who have significant barrier to progression. The U2U programme has been specifically designed to train and support people who need a different approach to education to realize their full potential and progress with their lives.

Using social learning theory to inform practice, Innovate and Inspire have developed teaching and learning methods that are applied using a strength based approach and meet the learning styles of learners. The training methods and materials are innovative, people centred and are aimed at building self-esteem, confidence, resilience, problem solving abilities and creative and innovative skills.

At Innovate and Inspire we believe that everyone has something that they are good at that can be developed to support progression in a positive and fruitful manner often changing lifestyles, ambitions and values.

The U2U programme is ideal for those who:

- Feel they have failed in traditional educational settings.
- Have low aspirations fed by low self-esteem and confidence
- Have suffered trauma that has delayed development
- Have poor inter-personal skills and find it difficult to fit in
- Find self management difficult
- Have few/no vocational qualifications
- Are influenced by negative lifestyles and/or culture

The main features of the U2U Programme:

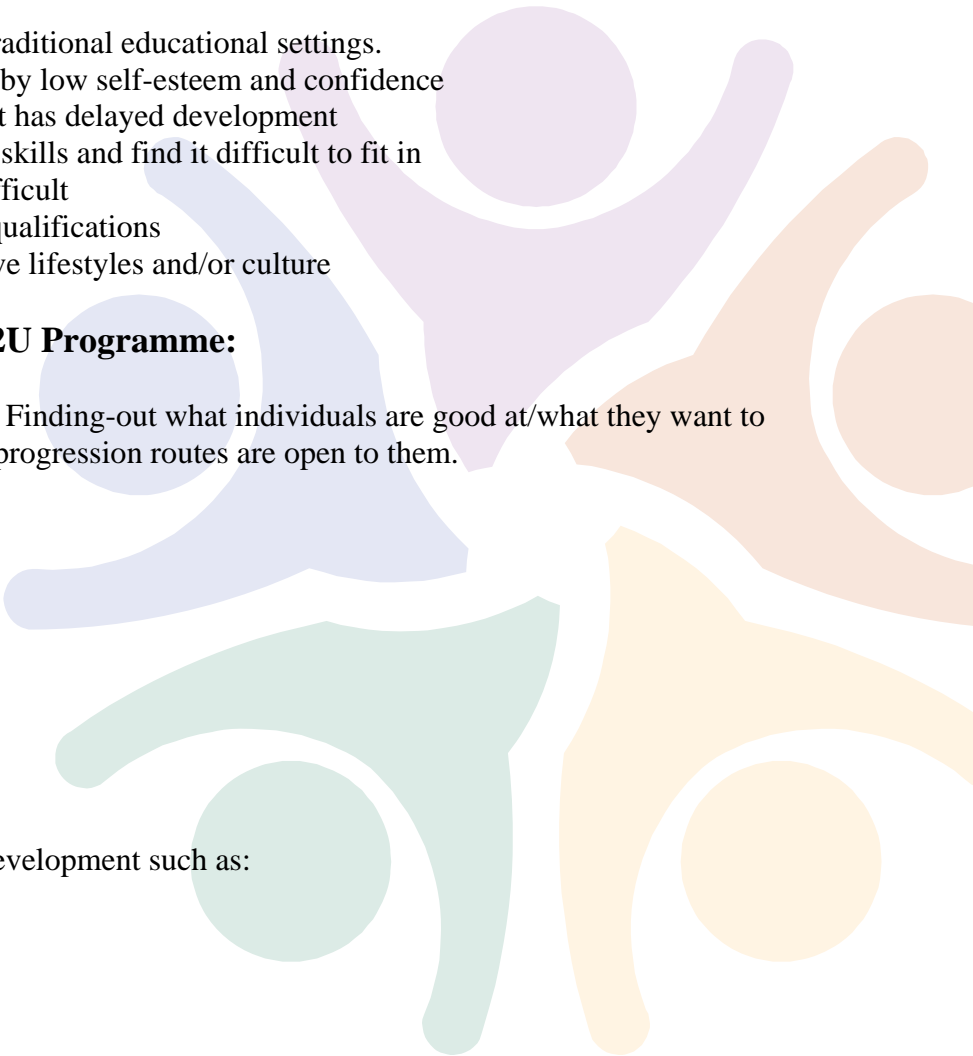
Exploring individual aspirations. Finding-out what individuals are good at/what they want to be good at. Understanding what progression routes are open to them.

Exploring options such as:

- Entrepreneurial Ventures
- Vocational Training
- Non-Vocational Training
- Further Education
- Employment
- Volunteering

The programme features skills development such as:

- Innovative Thinking
- Lateral Thinking
- Problem Solving
- Building Self-Resilience
- Inter-Personal skills
- Skills For Fitting-In'
- Self-Management Skills



- Positive Use Of Body Language

The programme features knowledge development such as:

- FOR BUDDING ENTREPRENEURS
 - Developing A Business Idea
 - Making A Profit
 - Marketing Techniques
 - Selling Methods Including E.Selling
 - Customer Service Skills
- ENTERING/RE-ENTERING LEARNING
 - Choosing the Right Course
 - Choosing the Right Learning Environment
 - Entering/Re-Entering Learning
 - Learning Styles
 - Study Skills
 - Dealing With Barriers To Learning
- VOLUNTEERING
 - Exploring The Benefits Of Volunteering
 - Choosing The Right Setting
 - Positive Expectations
 - Getting The Most From Volunteering
 - Moving From Volunteering To Employment
- EMPLOYMENT
 - Getting Ready For Employment
 - Choosing The Right Job
 - Searching For Jobs
 - Completing Application Forms
 - Designing A CV
 - Preparing For Interview
 - Interview Skills
 - Building Resilience
 - Keeping A Job

The U2U programme can be adapted to focus on one or more progression route or can be fully inclusive of all progression route training.

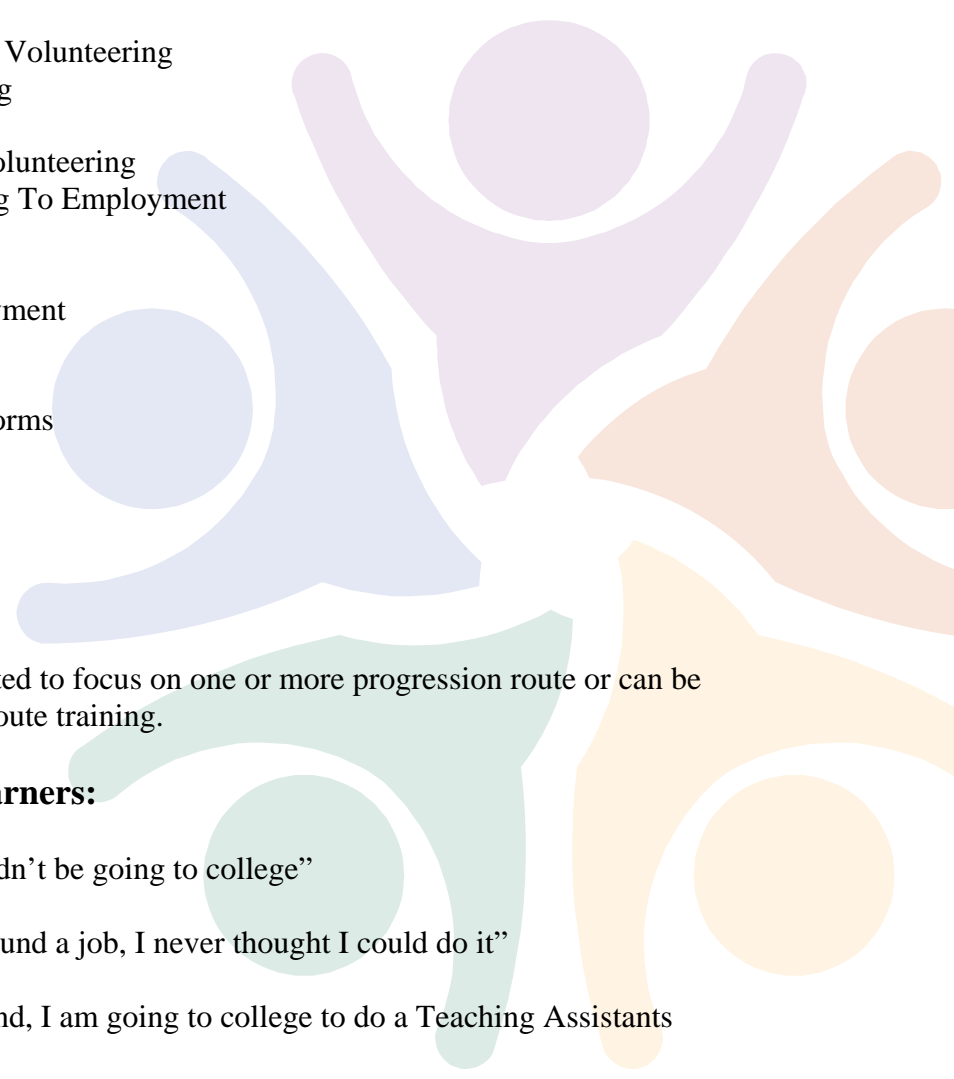
Comments from previous learners:

“If it wasn’t for this course I wouldn’t be going to college”

“I am over the moon that I have found a job, I never thought I could do it”

“Was brilliant I didn’t want it to end, I am going to college to do a Teaching Assistants Course”

“I feel far more confident about the future”



“I am going to develop my business idea with the help of Blue Orchid, I’m really excited”

“I have started doing face painting and I am already making extra money”

Enquire:

To find out more about our U2U Programme please contact MARIE PHILPOTT on (mobile) 07969 431 043 or email enquiries@innovateandinspire.org.

